



An Initiative of the Florida Hospital Association
Hospital Improvement Innovation Network

SOAP UP!

IMPLEMENTING APPROPRIATE HAND HYGIENE
TO REDUCE THE SPREAD OF INFECTION

Toolkit and Resource Guide December 2017

This toolkit provides a variety of tools, resources and education to help your hospital increase hand hygiene awareness. The following tools are included:

- [Overview: The UP Campaign and SOAP UP](#)
- [Campaign Tools](#)
- [Resources](#)
- [Educational Materials for Patients, Visitors and the Community](#)
- [Education and Training for Health Care Providers](#)
 - [On-Demand Learning: Hand Hygiene Courses](#)
 - [Videos and Podcasts](#)
 - [Virtual Events](#)

SOAP UP!

Implementing appropriate hand hygiene
to reduce the spread of infection

Toolkit and Resource Guide

Overview: The UP Campaign is designed to simplify safe care and streamline interventions, reduce multiple forms of harm with simple easy-to-accomplish activities, and consolidate basic interventions that cut across several topics to decrease harm. **The SOAP UP component promotes appropriate hand hygiene to reduce the spread of infection.**

Effective hand hygiene decreases the risk of infection and plays an important role in the prevention of the following harm events: Catheter-Associated Urinary Tract Infection (CAUTI), Central Line-Associated Bloodstream Infection (CLABSI), Clostridium Difficile Infection (CDI), Multi-Drug Resistant Organisms (MDRO), Sepsis, Surgical Site Infection (SSI) and Ventilator-Associated Event (VAE).

There are many tools, resources and educational opportunities available, including those below, to help your hospital address these harm events and engage with the SOAP UP initiative.

Campaign Tools

The following Mission to Care FHA HIIN SOAP UP campaign tools can be customized with your hospital logo and utilized for promotion in your facility to support ongoing awareness and the importance of hand hygiene:

- **Posters** [[Download](#)]
- **Badge Cards** [[Download](#)]
- **E-mail Banner** [[Download](#)]

The Centers for Disease Control and Prevention (CDC) also offers [free printable posters](#) that can be used to help raise awareness about handwashing. They are designed for all audiences, and some are available in multiple sizes.

Resources

Mission to Care: An Initiative of the Florida Hospital Association Hospital Improvement Innovation Network

- [SOAP UP Top 10 Checklist](#)
- [Colorful SOAP UP Flyer](#) – display to communicate the impact that hand hygiene can have across all harm topics
- SOAP UP “Must Do” Newsletters
 - [Tips on Promoting and Implementing SOAP UP](#) (Oct. 12, 2017)
 - [Resources to Promote Hand Hygiene to Reduce the Spread of Infection](#) (Oct. 26, 2017)
 - [Top 10 Checklist – Tools You Can Use – and Podcasts](#) (Nov. 3, 2017)
 - [Hand Hygiene: Track Quietly and Trend Loudly!](#) (Nov. 9, 2017)
 - [Comprehensive Infection Prevention Strategy](#) (Nov. 17, 2017)
 - [SOAP UP Must Do News](#) (Nov. 22, 2017)
 - [Hand Hygiene-Drive Drift Down!](#) (Dec. 1, 2017)
 - [National Handwashing Awareness Week](#) (Dec. 8, 2017)
 - [Sustaining Competency and Adherence](#) (Dec. 15, 2017)
 - [UP Campaign Highlights: Quarter 1, SOAP UP!](#) (Dec. 21, 2017)

Health Resource & Educational Trust (HRET)

- [UP Campaign Web site](#)
- [UP Campaign PowerPoint: SOAP UP slides 60-72](#)
- Topic-specific resources such as change packages, checklists, guidelines, case studies, peer-shared resources and more are available on the **HRET-HIIN.org Web site**
 - [Catheter-Associated Urinary Tract Infection \(CAUTI\)](#)
 - [Central Line-Associated Bloodstream Infection \(CLABSI\)](#)
 - [Clostridium Difficile Infection \(CDI\)](#)
 - [Multi-Drug Resistant Organisms \(MDRO\)](#)
 - [Sepsis](#)
 - [Surgical Site Infection \(SSI\)](#)
 - [Ventilator-Associated Events \(VAE\)](#)

Hand Hygiene Measurement Improvement Resources and Tools from various organizations

- Association for Professionals in Infection Control and Epidemiology, Inc. (APIC)
<https://apic.org/Resources/Topic-specific-infection-prevention/hand-hygiene>
- Centers for Disease Control and Prevention (CDC)
<https://www.cdc.gov/handhygiene>
- Institute for Healthcare Improvement (IHI)
<http://www.ihl.org> > search hand hygiene
- Johns Hopkins Medicine
https://www.hopkinsmedicine.org/heic/infection_surveillance/hand_hygiene.html
https://www.hopkinsmedicine.org/heic/docs/HH_observation_form.pdf
https://www.hopkinsmedicine.org/heic/docs/HH_monitoring_tool.pdf
- Society for Healthcare Epidemiology of America (SHEA)
<http://www.shea-online.org/index.php/practice-resources/2015-04-25-18-30-42/retired-guidelines/398-guideline-for-hand-hygiene-in-healthcare-settings>
- Speedy Audit
[Free hand hygiene auditing app](#)
- World Health Organization (WHO)
http://www.who.int/gpsc/5may/monitoring_feedback/en/
http://www.who.int/gpsc/5may/tools/evaluation_feedback/en/

The Joint Commission: Hand Hygiene Information

- [Measuring Hand Hygiene Adherence: Overcoming the Challenges](#) – monograph to help health care organizations target their efforts in measuring hand hygiene performance
- [Journal Articles: Sustaining and Spreading Improvement in Hand Hygiene Compliance](#)
- [A Multifaceted Approach to Education, Observation, and Feedback in a Successful Hand Hygiene Campaign](#) - Read how a comprehensive campaign resulted in rapid and sustained improvement in hand hygiene compliance at an academic medical center (free download, requires login)
- Targeted Solutions Tool® (TST) available from the Joint Commission Center for Transforming Healthcare:
 - [Hand Hygiene Project](#)
 - [International Hand Hygiene Project](#)

World Health Organization (WHO)

- [Five Key Moments for Hand Hygiene](#)
- [Guidelines on Hand Hygiene in Health Care \(Full Version\) | Summary](#)
- [Sustaining Improvement – Additional Activities for Consideration by Health-Care Facilities](#) provides suggestions of additional activities and tools that you might consider implementing to build on your achievements, maintain momentum and aid in sustainability

American Journal of Infection Control (AJIC)

- [Study: Use of a patient empowerment tool for hand hygiene](#) [Journal Article, *AJIC* 45 (2017) 824-9]

Educational Materials for Patients, Visitors and the Community

- APIC Handwashing Tips: <http://consumers.site.apic.org/infection-prevention-basics/wash-your-hands-often/>
- Mayo Clinic Handwashing Dos and Don'ts: <http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/hand-washing/art-20046253>
- CDC Hand Hygiene Tips: <https://www.cdc.gov/features/handwashing/index.html>
<https://www.cdc.gov/handwashing/when-how-handwashing.html>
- CDC Patient Admission Video: <https://www2c.cdc.gov/podcasts/player.asp?f=9467>

Education and Training for Health Care Providers

On-Demand Learning: Hand Hygiene Courses

- HH101: Core Concepts for Hand Hygiene: Clean Hands for Health Care Personnel (Duration: 15 min)
 - View Now: <http://hret.adobeconnect.com/pk2cq2lo143s/>
 - Slide Presentation: <http://hret.adobeconnect.com/pb2zi1ncy161/>
- HH102: Hand Hygiene: Education, Monitoring and Feedback (Duration: 20 min)
 - View Now: <http://hret.adobeconnect.com/pnwdw0pz12td/>
 - Slide Presentation: <http://hret.adobeconnect.com/pplb4ugmuoc4/>
- HH103: Identifying Motivators for Hand Hygiene: External and Internal Factors (Duration: 25 min)
 - View Now: <http://hret.adobeconnect.com/pqduwsqj6692/>
 - Slide Presentation: <http://hret.adobeconnect.com/p6xbf28u86jb/>

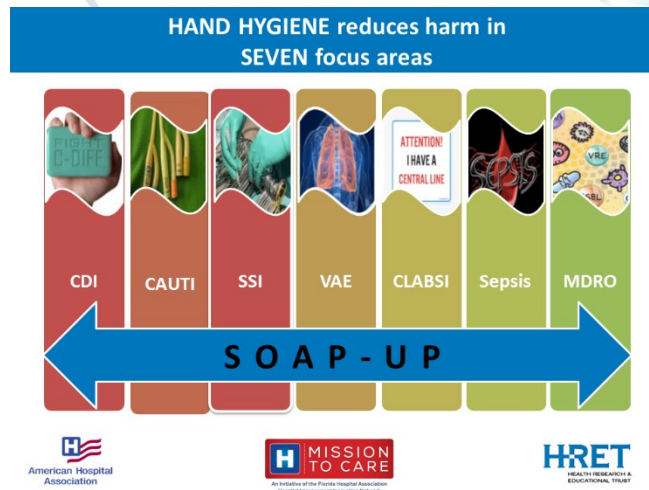
Videos and Podcasts

- CDC Audio Podcasts: <https://www.cdc.gov/handwashing/podcasts.html>
- Centers for Medicare & Medicaid Services (CMS) Video: [Infection Control: Hand Hygiene](#)
- Joint Commission Video: [Speak Up - Prevent the spread of infection](#) - the cast of animated characters encounter situations where they have to "speak up" in everyday life
- WHO Videos and Podcasts: <http://www.who.int/gpsc/5may/video/en/>

Virtual Events

- FHA HIIN Chasing Zero Infections Didactic Webinar: Hand Hygiene and the SOAP UP Campaign
[Video](#) | [Slide Presentation](#)
- FHA HIIN Chasing Zero Infections Meeting: SOAP UP! Improving Hand Hygiene as a Comprehensive Infection Prevention Strategy
 - [Slide Presentation](#) | [Access all presentations and materials from the meeting](#)
- HRET HIIN SOAP UP Campaign: Making It Fun Makes a Difference
[Video & Slide Presentation](#)
- HRET HIIN CDI | Hand Hygiene: Maybe It's Time We Tried Something New! See-Speak-Save a Life
[Video & Slide Presentation](#)
- HRET HEN 2.0 Time to SOAP UP Your Hand Hygiene Game!
[Video & Slide Presentation](#)
- HRET HEN 2.0 SOAP UP Hand Hygiene Office Hours
[Video](#) (English) | [Video](#) (Spanish)
- CMS Hand Hygiene Compliance and HAI Reductions
[Video](#) | [Slide Presentation](#)
- [2017 FHA HIIN Chasing Zero Infections Series](#): Archived infection prevention presentations
- [2018 FHA HIIN Chasing Zero Infections Series](#): Archived infection prevention presentations

Date	Event Type	Topic
Jan. 17	Didactic Webinar	Reducing Infections with Ventilator Associated Events (IVAC) [Recording Slides]
Feb. 13	Interactive Coaching	No Catheter=No CAUTI : Reducing Catheter Utilization [Recording Slides]
Mar. 14	Interactive Coaching	Strategies to Reduce Surgical Site Infections (SSI) [Recording Slides]
Apr. 10	Interactive Coaching	Reducing PICC and Central Line Utilization to Eliminate CLABSI [Recording Slides]
May 8	Interactive Coaching	Don't Be Resistant: Reducing MRSA & Other MDROs [Recording Slides]
Jun. 19	Didactic Webinar	Fortify Your Unit Safety Culture to Reduce Infections [Recording Slides]
Aug. 14	Interactive Coaching	Sustaining Zero Infections: Stop the "Whack a Mole" Syndrome [Recording Slides]



Contact the FHA Quality Team for questions or additional assistance: HIIN@fha.org | 407-841-6230