

**GET UP Planning Matrix**      **Hospital/Unit:** \_\_\_\_\_

GET UP Campaign Implementation – Self-Assessment	Not thinking about it	Just starting to plan	Testing on one unit	Spread to multiple units
Do you have a mobility team?				
Do you have a mobility protocol?				
Have you clearly identified staff that have the capacity to ambulate patients daily?				
Do your nurses or rehabilitation/physical therapists evaluate each patient’s mobility status upon admission?				
Do you have safe patient handling and movement training for nursing and assistive staff?				
Is mobility equipment readily available for nurses and patients to access? (canes, walkers, lifting and safe patient handling devices, gait belts)				
Do you have a way to document and monitor daily mobility?				

**AIM Statement:** Describe your aim(s) for reducing harm (how much by when) through implementing Get UP.

**What is your target patient population or location for testing?**

**How does progressive mobility align with other priorities? What bright spots can be built upon?**

**Who will be involved? List team leaders and potential key influencers. What will be your key messages?**

**How will front line clinicians be involved in planning and testing?**

**What materials, resources, training will be needed?**

**What challenges or barriers will need to be overcome? What can be done now to address?**

**Tests of Change and Accountability**

<i>Tests of Change: GET UP</i>	<i>Who will do?</i>	<i>By When?</i>	<i>Status</i>