

# GET UP!

MOBILIZING PATIENTS TO RETURN TO FUNCTION MORE QUICKLY

<b>G</b>	<b>GO:</b> determine the resources in your institution and how you will implement a mobility program.
<b>E</b>	<b>EVALUATE:</b> (patient capabilities): Which scale/ tool/evaluation method will you standardize on?
<b>T</b>	<b>TEAM</b> up for progressive mobility: rehab, nursing, and respiratory join to implement the mobility plan.
<b>-</b>	
<b>U</b>	<b>UNITE:</b> Engage patients, families and friends in mobility progression.
<b>P</b>	<b>PROMOTE PROGRESS:</b> Measure and report unit mobility performance.

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Mission to Care. Vision to Lead.



An Initiative of the Florida Hospital Association  
Hospital Improvement Innovation Network

[www.fha.org/getup](http://www.fha.org/getup)

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