

GET UP!

**MOBILIZING PATIENTS TO RETURN TO
FUNCTION MORE QUICKLY**
www.fha.org/getup

G

GO: determine the resources in your institution and how you will implement a mobility program.

E

EVALUATE: (patient capabilities): Which scale/tool/evaluation method will you standardize on?

T

TEAM up for progressive mobility: rehab, nursing, and respiratory join to implement the mobility plan.

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U

UNITE: Engage patients, families and friends in mobility progression.

P

PROMOTE PROGRESS: Measure and report unit mobility performance.